

GIVE OR TAKE!

This activity is inspired by “Give or Take”, a game in which children must throw or catch the ball according to the thrower’s instructions. In this version, they will need to answer a question instead.



Objective

To allow students to review the concepts of the SHINE workshop while moving around.

Materials

Ball, topic list (see the following)

Procedure

Gather the students in a circle and place yourself in the center. When you throw the ball to a student, he or she must catch it while answering a question.

For example:

Name a type of boundary. Afterwards, you can either keep the role of thrower or invite the student who correctly answered the question to throw the ball to another student by asking another question.

Additional clarifications

The goal here is to have children review the safety concepts they have learned and to enhance the skills acquired. We encourage you to discuss with the children when they respond incorrectly. You can do this on the spot or later with the entire group. However, we do encourage you to ask the child to try again or ask the classmates for their help. Of course, the list of questions that are proposed are meant to be suggestions. Feel free to add your own!

LIST OF SAMPLE QUESTIONS

Self-Esteem

- Name one positive quality you possess.
- If someone has the same quality as you, are you less important? (No)
- What do you like most about your best friend?
- Name one special talent you have.

Internet

- Is the Internet public or private? (Public)
- Is talking about my problems on social media a good idea? (No)
- Is it a good idea to accept friends of friends on social media? (No)
- What should I do if I see a disturbing post? (Report it).

Relationships

- Do I have to ask permission before I hug a friend? (Yes)
- Do I have to do everything an adult asks me? (No Limits)
- What should I do if my friend and I don't see eye to eye? (Talk about it)
- Can my friends have other friends other than me? (Yes)

Boundaries

- True or False? It's okay to cross boundaries as long as you apologize (False)
- What is the limit related to feelings and emotions? (Emotional)
- What is the limit related to my personal bubble? (Physical)
- What is the limit related to my use of social media, Internet? (Virtual)

Stereotypes

- True or False? Girls can cry but boys cannot. (False)
- True or False? Girls can be good at sports? (True)
- True or False? Boys can be sensitive? (True)
- True or False? Boys are strong and girls are emotional? (False)