

FIND SOMEONE WHO...

Grade level: 3-4 elementary

Estimated time: 15 minutes

Theme: Body image

Objective

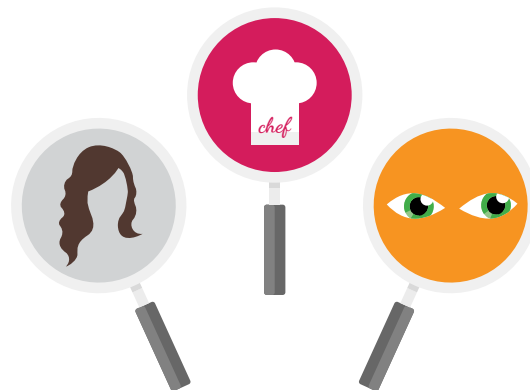
Value our body image and our identity

Material

- One copy of the quiz per student
- Pencils

Procedure

1. Distribute the quiz to each student and ask them to take out a pencil.
2. Explain the activity:
 - While circulating in the group, find a student that can answer «yes» to one of the questions on the quiz.
 - You cannot write the name of one person multiple times.
 - You cannot guess the answer just by looking at someone; you have to ask the question directly to the student.
 - Go! Students move around in the classroom and complete the quiz.
3. Once the quiz has been completed by all students, invite them to have a seat and review each question by asking the group what answers they found. The teacher can facilitate a discussion with the students using the questions listed below.



Discussion points

- Did you find some similarities between you and other students in the class?
- Did you find some differences between you and other students in the class?
- How did this activity make you feel?
- Were you surprised by certain answers? If so, which ones and why?
- According to you, what's most important in a person? Their qualities, talents, appearance, family, personality, physical strength, etc.?

Conclusion

The teacher can point out that even though we are quite different, we have many things in common. Our physical appearance is part of who we are, but does not determine our whole person.

Quiz

Find someone who...

- Has green eyes _____
- Has a younger sister _____
- Was not born in Quebec _____
- Speaks 3 languages _____
- Has curly hair _____
- Has traveled to Europe _____
- Likes sushi _____
- Wears glasses _____
- Likes winter _____
- Plays basketball _____
- Has freckles _____
- Doesn't like chocolate _____
- Plays guitar _____
- Has a dog _____
- Dances _____
- Has two different addresses _____
- Likes the colour purple _____
- Dreams of becoming a chef _____
- Knows at least two species of dinosaurs _____
- Has a hyphenated last name _____